

The Spa at The Yas Hotel Press information

Media Contacts:
Sophie Henson
Amber Greenwood / Cara Chapman
ZFL PRCo
Tel: +44 207 259 1100
Email: agreenwood@prco.com

The Spa at The Yas Hotel *Offering Exclusive ESPA Treatments and a Traditional Hamam*

The Spa

Created by renowned New York design firm Richardson Sadeki, The Yas Hotel's spa has been designed around the traditional hamam, as conceived within Islamic architecture. The spa is in effect a luxurious re-interpretation of these restorative spaces.

In addition to 10 treatment rooms, the northern tip of the spa houses a cylindrical room, the rotunda - a completely unique space. The rotunda's stone furnishings create a sculpture garden as they surround a central column that reveals an inner core. This core has a markedly cooler temperature, with refrigerated floors to counter the warm conditions of the hamam. It contains an illuminated nightscape ceiling and an amorphous sculpted stone lounge.

Treatments have been created by ESPA, whose approach combines the best of ancient and modern therapies with the finest quality ingredients and skin care, harnessing the natural healing elements of aromatherapy, hydrotherapy, thalassotherapy and phytotherapy. It houses a collection of natural, high quality skincare products, deeply relaxing and anti-stressing oils, revitalising seaweeds, cleansing muds, ayurvedic infusions, exfoliating sea salts and therapeutic herbs, all of which help to achieve outstanding results on both face, body and mind.

All ESPA products have been formulated using only the highest quality organically grown plants, known for their purity, potency and therapeutic qualities. Essential oils such as Neroli, Bulgarian Rose Otto, Palmerosa, Frankincense, Wild Camomile, Lavender, Eucalyptus, Peppermint and Myrrh are delicately combined to work together in harmony, making them more powerful as blends than they would be on their own. By combining the active natural ingredients with the latest scientific advances, the ESPA range is tailor-made to suit individual guests' needs.

Highlights from the treatment collection at The Spa include:

- *Detox at The Marina - 120 mins, AED 775 (£132)*
Designed to detox and purify, this marine-inspired treatment incorporates body brushing and a refreshing Spearmint and Aloe body polish, facial cleanse and detoxifying massage, invigorating and energising the body's systems.
- *Race Track Remedy – 120 mins, AED 975 (£167)*

A calming, soothing experience designed specifically to achieve ultimate relaxation and tranquillity, with salt and oil scrub, aromatherapy massage and purifying facial.

- *Jet Lag Eliminator – 50 min / 80 mins, AED 375 / 570 (£64 / £97)*

A holistic experience which employs lymphatic skin brushing and exfoliation, complete with a mind calming Oriental Head Massage. This treatment uses powerful aromatherapy oils to either soothe and relax ready for sleep, or revitalise and energise leaving the mind clear and fresh to enjoy the day.

- *Sun Escape – 120 mins, AED 775 (£132)*

A soothing and hydrating experience for sun exposed and sensitive skins, to combat the effects of the Arabian sun. The treatment uses ESPA Deeply Nourishing Body Cream rich in Wild Yam, renowned for its repairing and skin conditioning properties, followed by a desensitising facial and deeply hydrating face mask, ensuring the skin is refreshed and renewed.

Sauna, Steam Room and Gymnasium

In addition to the treatment rooms, guests also have complimentary use of two pools, sauna, steam rooms and the gym, fitted with TechnoGym equipment, where a dedicated team of personal trainers are on hand to assist.

www.TheYasHotel.com

- Ends -

Notes to Editors:

The Yas Hotel

Opened in November 2009, The Yas Hotel, operated by Aldar Hotels & Hospitality, is the first hotel in the world to span a Grand Prix circuit, hosting the inaugural 2009 Formula 1 Etihad Airways Abu Dhabi Grand Prix. Offering 499 luxuriously appointed guest rooms, international cuisine in 8 restaurants and pioneering design and architecture, The Yas Hotel will host several illustrious events in its first year, ranging from fashion to sports on a global scale. Located on Yas Island, The Yas Hotel is 10 minutes drive from Abu Dhabi airport, 15 minutes from Abu Dhabi's National Exhibition Centre and 50 minutes from Dubai Marina.

Yas Island

The Yas Hotel is located on Yas Island, a natural island measuring 7.5km by 6.5km, which is currently being developed by Aldar Properties PJSC. As well as Yas Marina Circuit, the island will feature Ferrari World Abu Dhabi (the world's largest indoor theme park), Yas Links Abu Dhabi - an 18 hole Links Championship golf course - a VIP marina, Yas Marina, a water park and Yas Mall, a super-regional retail experience.



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Aldar Hotels and Hospitality

Aldar Hotels and Hospitality, established in 2007, has become an industry leader in Abu Dhabi, with well established, strong working relationships with leading global and regional hospitality brands and management companies offering products and services which redefine hospitality in Abu Dhabi and the region. Aldar Hotels & Hospitality strives to develop innovative and sustainable assets which deliver new and exciting experiences to Abu Dhabi, through outstanding, motivated staff with bright futures.

www.TheYasHotel.com

The Yas Hotel, PO Box 131808, Abu Dhabi, UAE
T. +971 (0) 2 656 0000 E. info@TheYasHotel.com

Operated by Aldar Hotels and Hospitality